# MATILDA DUAH

P.O. Box NT1, Ghana, Old Tafo.

Telephone: +233554033104/+233549456604

Email:tillyduah22@gmail.com

Language : English (Advanced), Twi (Native)

PERSONAL PROFILE

A registered general nurse with 3 years of experience who is flexible, caring, and open-minded.

She has incredible and outstanding nursing knowledge, the ability to remain calm and meticulous in a hectic environment, and is empathetic, hardworking, and adaptable as well as possess good computer skills. He is outstanding because he always go the extra mile in delivering safe and efficient care to patients and everyone counts. Having passed the IELTS and CBT exam and in the final stage of my UKNMC registration with a PRN of will like to explain more of my qualities with your interview panel.

EDUCATION

September 2018 Affiliate Examination, Kwame Nkrumah University of Science and Technology.

September 2015 - to - September 2018, Diploma in General Nursing, Kokofu Nursing Training College.

September 2011 - to - June 2014, Serwaa Nyarko Girls Senior Secondary School.

WORK EXPERIENCE

. April 2021 to Present

Delivery of exemplary care 205 bedded adult wards with patients who have both acute and chronic health issues (Medical and Surgical wards). Key responsibilities:

Provide care to patients, managing acute to chronic health problems by assessing, planning, implementing and evaluating the outcome of care of individual patients over their stay in the hospital. Ensures that the appropriate ward reviews are done and assisting in daily ward rounds.Writing, reporting and documenting care, activities, drugs, complains and incidence as it should be. Collaborates with the multidisciplinary team for quality care for patients. (E.g. Physiotherapist, Optometrist, Nutritionist etc.).Check vital signs, reporting, recording and intervening when necessary. Ensures that patients are groomed either with assistance or not. Insertion of urinary catheter and caring for it as well as monitoring intake and output as prescribed. Serving and documentation of medication by observing all the rights. Ensures the ward environment is safe and secure to work in. Does cardiopulmonary Resuscitation - As in 30 Chest compressions and 2 breath Cycle for about 40 minutes or more for

Emergency (unresponsive patients) cases. Educates patients on their conditions for, medication and nutritional modifications for about 30 minutes. Administration of prescribed oxygen and monitoring of oxygen saturation every 15 minutes, 30 minutes and hourly depending on his condition progression. Monitor record, report and resuscitate patients whose condition deteriorates (every 15 minutes for half an hour then 30 minutes then hourly).Palliative care of patients.

2019 to 2020 Rotational Nurse (National service) at Manhyia District

Hospital

Provided care to different kinds of patients from babies to the elderly under supervision. Provided first aid care for patients at the emergency ward applying the basic life support resuscitation. Triaging of patients at the emergency ward and checking of vital signs.

Administration of prescribed nasal oxygen and monitoring of patients. Giving blood transfusion to patients and monitoring them for advert reactions. Wound dressing for patients both surgical and clean wounds.

June 2020 to February 2021 Famcare Medical Hospital and Home care services

Job responsibility:

Assessing Physical examinations and checking vital signs and reporting any abnormalities to my in charge. Daily weighing of malnourished children and working with the Nutritionist.

Administration of drugs, reporting and treating adverse drugs reactions. Using of diversional therapy for painful procedures and care of the children. Dressing of wounds aseptically. Tepid sponging of children with raised body temperatures. Blood transfusion. Ensure that diagnostic tests are completed. Administer medications or minor procedure. Create a treatment plan for or

Coordinate follow up care. Educate family members on treatment option equipment in use on daily basis Sphygmomanometer, Glucometer machine, flowmeter and oxygen cylinders, Nasal cathseters, IV Cannula set, Urinary Catheter set, Wound Dressing and suturing pack, ECG Machine, Defibrillator, Ambubag, Cardiac Monitor, Computer (Aksoft application), Blood pressure Apparatus,

ACHIEVEMENTS

Acts as the ward in charge when my two incharges are not around. and teach students and junior colleagues on our ward. Used good communication to solve complex staff to patient or patients relative issues as well as treated patients carefully and in a safe manner. Has a good relationship with staffs, Patients and relative. Taken good initiatives and innovations in an evidence based manner on the ward for proper delivery care

SKILLS

Collaborative, Adaptable, Good communicator, Active listener Emotional intelligence,

Teaching, Drug calculations, Resilient, Good writing, Presentation skills, Computer Literate, Understanding and giving injections, taking vital signs, Physical examination, scheduling, patient preparation, operating a simple electrocardiogram (EKG) machine, oxygen therapy, disinfection and decontamination, Hardworking.

LICENSE Nursing and Midwifery Council, Ghana.

WORKSHOPS ATTENDED

Infection Control and Prevention – St. Michael Hospital Pramso.

Cold Chain training – Manhyia District Hospital.

Legal issues on the ward and outpatient department nursing - St. Michael Hospital Pramso.

Reducing medication error – St. Michael Hospital Pramso

REFERENCES

Owusu Enock

The Nurse Manager

Manhyia District Hospital

+233549456604 Email: enock7800@gmail.com

Dr. Eunice Quartey

Medical Officer

St. Michael Hospital Pramso

+233201611247

Richard Osei Amaniampong

Hospital Administrator

St. Michael Hospital Pramso

+233209372751